

Not only that but the exact proportion of the minerals and materials, if maintained, make up a healthy human body. Excesses in these materials will cause disorders and diseases. Excess of aluminum, for example, and iron, will be toxic for the human body. The proportions of the abundance of the 59 elements on the earth's crust, is amazingly represented in its presence in the human body. Thus, **MAN IS CREATED FROM THE DUST OF THE EARTH** just as God has said!

5. SANITARY PRACTICES FROM THE BIBLE

The whole idea of sanitation and germs was only discovered a little over 100 years as Louis Pasteur demonstrated this in the late 19th century in his Germ Theory of Disease. He showed that most infectious diseases were caused by microorganisms originating from outside the body.

In 1818, Ignaz Phillip Semmelweis was born into a world of dying women. The finest hospitals lost one out of six young mothers to the scourge of "childbed fever." A doctor's daily routine began in the dissecting room where he performed autopsies. From there he made his way to the hospital to examine expectant mothers without ever pausing to wash his hands.

Dr. Semmelweis was the first man in history to associate such examinations with the resultant infection and death. His own practice was to wash with a chlorine solution, and after eleven years and the delivery of 8,537 babies, he lost only 184 mothers – about one in fifty.

Nevertheless, Semmelweis encountered strong opposition from hospital officials as some doctors were offended at the suggestion that they should wash their hands; they felt that their social status as gentlemen was inconsistent with the idea that their hands could be unclean.

He spent the vigor of his life lecturing and debating with his colleagues. Once he argued, "Puerperal fever is caused by decomposed material, conveyed to a wound. . . I have shown how it can be prevented. I have proved all that I have said. But while we talk, talk, talk, gentlemen, women are dying. I am not asking anything world shaking. I am asking you only to wash. . . For God's sake, wash your hands."

But virtually no one believed him. Doctors and midwives had been delivering babies for thousands of years without washing, and no outspoken Hungarian was going to change them now! And what was he asking them to do? He just wanted them to wash their hands and they mocked him for it and yet today, hand washing is a common practice because it decreases the chances for the spread of infection.

In Numbers 19:3-22, Leviticus 11:1-47; 15:1-33, Deuteronomy 23:12 we see these things spoken of as God instructed His people over 3500 years ago! And think about something like drinking water and what God has to say regarding the water you are to drink in Leviticus 11:34-36. Also, how to quarantine people and during the plague people eventually looked to the Bible to stop the spread of this disease. You see, God told them back in Leviticus 13, 14, 22, Numbers 19:20.

In Leviticus 11:34 and 15:12, if food or water that was in a vessel came in contact with a dead animal or an infected person, it was declared to be unclean, you were not to eat it or drink it! Just practical things that we take for granted today but were not practiced by man and many times it killed them!

And here is one that if practiced today, sexually transmitted diseases like venereal diseases and AIDS would be eliminated! What God has said is very simple, the Israelites were forbidden to have any sexual relations outside of marriage and so are we. (See Leviticus 18:22, 20:20-16; Exodus 20:14; Hebrews 13:4).

Also, the biblical plan for marriage is a husband and a wife, not a man and a man or a woman and a woman. (See Genesis 1:27, 2:23-25; Matthew 19:3-6). Gonorrhea may be the first STD discovered; it is caused by a bacterium called *Neisseria gonorrhoeae*, first discovered in 1879. But God warned about this long ago, He gave us the way to protect ourselves from any sexually transmitted diseases, it is called abstinence until marriage! But we have negated what God has said and thus, sexually transmitted diseases continue to be the world's leading contagious disease and it does not have to be!

Because of the **SANITARY PRACTICES FROM THE BIBLE** many lives have been saved and many infectious diseases have died out!

Now is the Bible just another book written by ignorant men or is it the Word of God? You can make that decision yourself, but when you look at the evidence, you can clearly see the hand of God. And if you think about it, entire books could be written on the Old Testament's amazing medical accuracy.

Medical doctors McMillen and Stern have done just that in their extremely interesting volume *None of These Diseases*. Many physicians who have compared Moses' medical instructions to effective modern methods have come to realize the astonishing value and insight of the Old Testament text.

As Dr. Macht once wrote: "Every word in the Hebrew Scriptures is well chosen and carries valuable knowledge and deep significance" (Macht, 1953, p. 450). Such is certainly the case in regard to the medical practices listed in its pages. Indeed, the accurate medical practices prescribed thousands of years before their significance was completely understood provide excellent evidence for the divine inspiration of the Bible.

And keep in mind that man's medical knowledge was virtually abysmal until the beginning of the twentieth century. Even the existence of germs was unknown until around A. D. 1890. Yet, the first five books of the Bible, known as the Torah, or the Law, recorded by Moses approximately 1491-1451 B. C., reveal surprising advanced scientific principles. In addition, the Bible contains advanced medical and scientific knowledge about hygiene and sanitation.

The Scriptures contain God's medical instructions for Israel that far exceeded the level of knowledge possessed by the Egyptians and other ancient societies of that day. God inspired Moses to record these medical commandments to protect them and it shows us that, **"All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work."** II Timothy 3:16-17. May we never forget that fact, God's Word is truth, we can trust what God has said to us.

What the Bible says about . . . Advanced Medical Knowledge

The Bible is not a medical book and yet, when it speaks of medical issues, it does so with 100% accuracy. And this is not just superficial information as you will see, this is advanced medical knowledge that we find in the Bible. And keep in mind that many of these things that the Bible has given to us were not understood or discovered until recently! And the reason that we can trust in what God has to say is that the Word of God has been given to us by God, breathed from the mouth of God, from Genesis through Revelation, all of them!

Now let me share with you how the most advanced society on the earth in the days of Moses treated medical issues before we see what the Bible has to say. The Egyptians were very advanced in astronomical and engineering knowledge but their medical knowledge was very primitive. Let me show you what I mean. Grant Jeffery tells us,

As an example of the medical ignorance and primitive state of their medical knowledge, consider the Egyptian doctor's suggestion for healing an infected splinter wound. The prescription involves the application of an ointment mixture composed of the blood of worms mixed with the dung of a donkey. The various germs, including tetanus, contained in donkey's dung must have assured that the patient would rapidly forget the pain of his splinter as he died from an assortment of other diseases produced by his doctor's contaminated medicine. . . .

The Egyptian doctors had an equally wondrous cure for a poisonous snake bite. They poured "magical water" over a pagan idol and then gave it to the victim for what probably turned out to be his last drink on earth.

. . . A careful examination of the medical treatises from the Egyptians and the comprehensive Babylonian Code of Hammurabi reveals absolutely nothing about preventative medicine to enable people to avoid these deadly diseases that devastated ancient societies.

However, the presence of incredibly advanced and accurate knowledge of diseases, sanitation and preventative medicine in the ancient Scriptures is one more incontrovertible proof that the Bible is truly the inspired Word of God. It is fascinating to note that a total of two hundred and thirteen out of the six hundred and thirteen biblical commandments found in the Torah were detailed medical regulations that insured the good health of the children of Israel if they would obediently follow the laws of God.

- Grant R. Jeffery, The Signature of God, pp. 141, 143



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Now let's look at the advanced medical knowledge that is found in the Bible and I think you may be surprised by what God has to say to us. Yes, this is not a medical book but when it speaks of medical issues, it is 100% accurate!

ADVANCED MEDICAL KNOWLEDGE IN THE BIBLE

1. LIFE IS IN THE BLOOD

Today this is a well known fact, that the life is in the blood. But way back to the time of Moses we see the Lord speak to Moses regarding this very issue in Leviticus 17:11-14. Moses, some 3500 years ago tells us that the life is in the blood and yet, we did not discover this until 1616. A man by the name of William Harvey discovered that the blood circulation is the key factor for physical life! Although we take this knowledge for granted, until Harvey's time, people were not aware that the blood travels through the body and is pumped through its course by the heart.

And think about this, even during the days of George Washington they did not realize the importance of blood, that life is in the blood! The reason I say that is George Washington was bled to death by, what they thought in those days would heal him, bloodletting. I guess they went just a bit too far, he should have told him just a little off the top! But again, the life is in the blood and without the blood there is no life!

Red blood cells can carry 270 million molecules of hemoglobin each. That is what is needed for life and if there were any less there would not be enough residual oxygen available to sustain life. The blood is needed to feed and carry away waste products from the sixty trillion complex cells that make up the human body! Not only that, but the blood travels on this superhighway you might say of blood vessels that are all connected and these blood vessels, if stretched out we be about seventy-five thousand miles long, enough to circle the earth three times!

THE LIFE IS IN THE BLOOD and Moses told us this over 3500 years ago! How did he know this? Because our Creator, our God knew it and shared it with him!

2. CIRCUMCISION ON THE EIGHTH DAY

You might not think this next one is that important but I think it is incredible! In Genesis 17:12 the Lord says that circumcision is to be done on the eighth day, not the seventh or the ninth, but the eighth day! Why in the world did God instruct Abraham and the children of Israel to circumcise their newborn males on the eighth day of their life?

That is a great question and it was not known until 1935 when Professor H. Dam proposed the name "Vitamin K" for the factor in foods that helped prevent hemorrhaging in baby chicks. We also know that Vitamin K is responsible for the production of prothrombin by the liver. Thus, if there is a deficiency of Vitamin K, there will be a prothrombin deficiency and hemorrhaging may occur since both Vitamin K and prothrombin are necessary for proper blood clotting!

Oddly enough, it is only on the fifth through the seventh days of the newborn male's life that vitamin K (produced by bacteria in the intestinal tract) is present in adequate quantities. As I have said, Vitamin K, coupled with prothrombin, causes blood coagulation, which is important in any surgical procedure. Holt and McIntosh, in their classic work, *Holt Pediatrics*, observed that a newborn infant has "peculiar susceptibility to bleeding between the second and fifth days of life. . . .

Hemorrhages at this time, though often inconsequential, are sometimes extensive; they may produce serious damage to internal organs, especially to the brain, and cause death from shock and exsanguination." (1953, pp. 125-126).

Obviously, then, if vitamin K is not produced in sufficient quantities until days five through seven, it would be wise to postpone any surgery until some time after that. But why did God specify day eight?

On the eighth day, the amount of prothrombin present actually is elevated *above one-hundred percent of normal* (it peaks at 110 percent of normal) - and is the only day in the male's life in which this will be the case under normal conditions. If surgery is to be performed, day eight is the perfect day to do it. Vitamin K and prothrombin levels are at their peak on this day.

S. I. McMillen, M.D., in his book, *None of These Diseases*, observed,

"We should commend the many hundreds of workers who labored at great expense over a number of years to discover that the safest day to perform circumcision is the eighth. Yet, as we congratulate medical science for this recent finding, we can almost hear the leaves of the Bible rustling. They would like to remind us that four thousand years ago, when God initiated circumcision with Abraham. . . .

Abraham did not pick the eighth day after many centuries of trial-and-error experiments. Neither he nor any of his company from the ancient city of Ur in the Chaldees ever had been circumcised. It was a day picked by the Creator of vitamin K." (S. I. McMillen, M.D., *None of These Diseases*, p. 93).

Moses' information, as recorded in Genesis 17:12, not only was scientifically accurate, but was years ahead of its time. How did Moses have access to such information? The answer, of course, is God provided this information to him. The best day for circumcision is the eighth day just as God said and now modern medicine has caught up and agrees with what God has said. If they only listened before! **CIRCUMCISION ON THE EIGHTH DAY**, God said it and He is 100% correct or should I say 110% correct!

3. REPRODUCE AFTER THEIR OWN KIND

This one seems so obvious and yet, many deny it today and that is the fact that animals, plants, birds and-so-on reproduce after their own kind! What that means is that a dog will have puppies and not kittens. A bird will have a baby bird and not a reptile. An apple tree will produce another apple tree and not an orange tree. Humans will have a human child and not some monster, that transformation only happens when they are teenagers! Sorry. But the key is that they reproduce after their own kind!

We know this as the "Law of Biogenesis" which means that life only comes from preceding life and perpetuates itself by reproducing only after its own kind or type! It is what Genesis 1:11-12, 21, 24-25 tells us. Moses, some 3500 years ago, tells us that in the very beginning, when God created the heavens and the earth and all life within it, created them with the ability to reproduce after their own kind. Yes, there are a variety of dogs out there, but they are all dogs! That is the key and as you look at the fossil record, that is what you find. Living things reproduce after their own kind just as God said and He should know because He created them!

And this is one of the greatest problems for evolutionists. They know this to be true as this book tells us. This is a quote from a current Biology text book. It says,

Life cannot arise by spontaneous generation from inanimate material today, so far as we know, but conditions were very different when the earth was only a few billion years old. In that ancient environment, the origin of life was evidently possible and it is likely that at least the early stages of biological inception were inevitable."

- Nell Campbell, Biology, 1987, page 504

Do you see what this author did? He admitted spontaneous generation is impossible today, but he puts his faith in the belief that the early earth had some unknown different conditions in order for life to originate from inanimate material. David Kirk correctly stated, "By the end of the nineteenth century there was a general agreement that life cannot arise from the non-living under conditions that now exist upon our planet. The dictum 'All life from preexisting life' became the dogma of modern biology, from which no reasonable man could be expected to dissent."

In fact, listen to what Dr. Wald, the foremost biologist in this country, has to say and his words speak volumes. He said, "Spontaneous generation was totally disproved 100 years ago by Louis Pasteur. . . . That leads us only one possible conclusion. That life arose as a super natural creative work of God. I can not accept that philosophically, because I don't want to believe in God. I choose to believe that which I know is scientifically impossible, spontaneous generation arising to evolution."

Why does he want to believe in evolution, something that has not been proved and must be believed by faith? Why must he alter the Law of Biogenesis? Because he does not want to believe in God! Folks that is not science but he is suppressing the truth that he knows and is promoting a lie, and in fact, it has become a religion to him.

And keep in mind that we did not understand this until the 1900's and yet, Moses told us this some 3500 years ago, he believed it. In fact, even Paul picks up on this in I Corinthians 15:39 and in Acts 17:24-25. In other words, God created life, it did not just happen by random chance occurrences, the probability of that taking place is beyond what you could even imagine!

So I think it is very clear, creation reproduces after its own kind and it is God who has created life, all life and it did not arise out of spontaneous generation or life from non life! Thus, life **REPRODUCES AFTER THEIR OWN KIND** just as God has said!

4. MAN IS CREATED FROM THE DUST OF THE EARTH

Here is one that we can clearly see today and it is what God has said in Genesis 2:7. What is the scientific proof that man's body came from the dust of the ground, as the Bible says?

The human body is made up of materials and minerals found on the surface of the ground, and not from the core of the earth. Oxygen, being the most abundant element on the earth's crust or on the ground, makes up 65 percent of the human body, and carbon, also abundant on the top soil of the ground, is 18 percent, and hydrogen is 10 percent. The 59 elements found in the human body are all found on the earth's crust. This is amazing because what the Bible says perfectly match the scientific composition of a human body.